

5D, Here, Now Moon Flow



Vital Information for Accessing 5D

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Introduction



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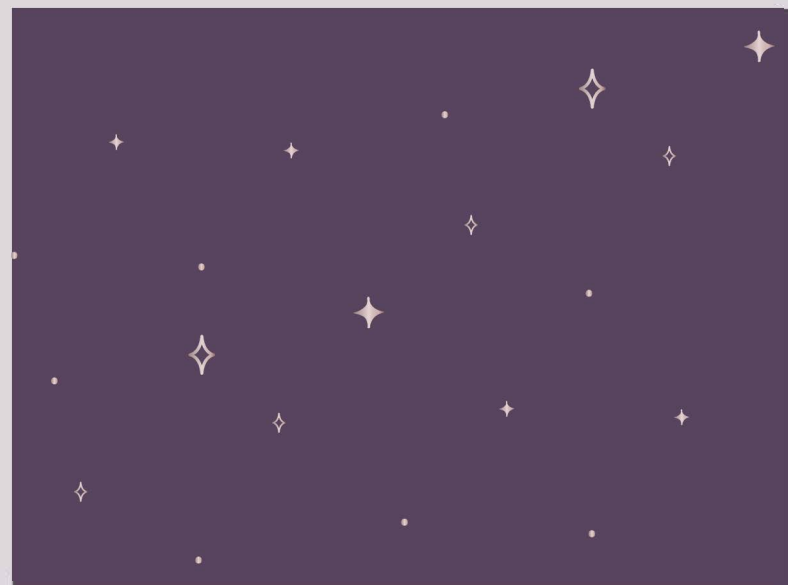
Natural Cycles & the 5th Dimension

In the 5th Dimension, Time is bidirectional with equal access to past, present, and future. In the 3rd Dimension, Time is unilateral – past, present, and future go only in one direction.

Releasing our conditioned understanding of Time helps us experience the unified harmony that is 5D.

In the 3rd Dimension, Time was an external force of control. In 5D, we can experience our body as a timer – in alignment with the fluidity of natural cycles.

This work aims to re-introduce these natural rhythms for self-care and planning, and scheduling. Because the conditioning of Time as external to us has gone on so long, it can be expected to take many natural cycles to start feeling the natural rhythms again.



Should we think
in terms of
CYCLES
instead of in terms
of personalities,
much confusion
would be avoided.

Dane Rudhyar

Three Lunar Cycles



THE COLLECTIVE LUNAR CYCLE

The Collective Lunar Cycle can be equated to Erik Erickson's Eight Phases of Development. The phase of the Moon in which we are born represents an energetic imprint that reflects both personalized energy flow and personality traits.



THE PERSONAL LUNAR CYCLE

The Personal Lunar Cycle represents a pattern of energy based on the phase of the Moon in which we are born. Everyone is born into one of the eight phases on the 28 days of a collective lunar cycle.



THE VOID MOON

The Void Moon times are just what the name implies - void. The scientist Buckminster Fuller told us that "Energy is contained in form." The Moon is void when it is not making geometric relationships with planets. There is no energy to contain the form. Void Moons are opportune for inner work, resting, and reflecting. They can be super challenging for trying to get work accomplished.

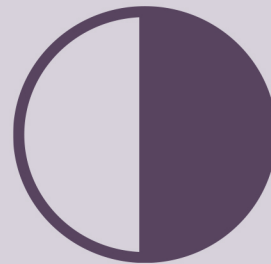
Two Halves of the Moon



New to Full

Waxing

Generating



Full to Balsamic

Waning

Releasing

Four Quarters of the Moon

New to Second Quarter – Beginning

Second Quarter to Full – External Resistance

Full to Fourth Quarter – Union

Fourth Quarter to Balsamic – Internal Resistance

Our 28 Day Lunar Cycle

Lunar Cycle, Life Cycle - No Beginning and No End



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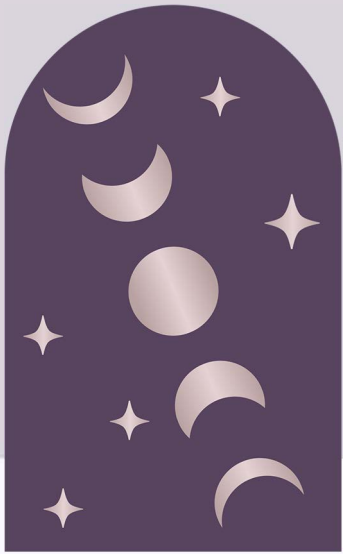
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If we understand the
biologic basis of
circadian rhythms, we
can get a handle on the
etiology of disorders
such as jet lag,
shift-worker problems,
and sleeping disorders.

*Fred Turek, Director, Center for
Circadian Biology and Medicine,
Northwestern*



8 Phases of the Moon

Keywords for each phase of the lunar cycle.



New Moon 0 to 45 degrees

Gestational, formless to form, instinctual



Crescent 45 to 90 degrees

Formation of boundaries, tension of external resistance, self/other delineation, filtering, development of objectivity



Second Quarter 90 to 135 degrees

Decisive action, breaking away (as in age two and the teen years), differentiation, instinctively grounded, emotionally developing



Gibbous 135 to 180 degrees

Maturation, increasing energy of potential, persistently refining path through inner questioning



Full Moon 180 to 225 degrees

Full revelation: conscious meeting of mind/body, crisis of choice: yes or no, yes: continuation on path, no: realignment of actions with instinct



Disseminating 225 to 270 degrees

Reciprocity, responsibility, wisdom, integration, returning - sharing wisdom, giving back to collective, avoid alienation, promote connectedness, beginning of dissolution state, spiraling back toward formless state



Fourth Quarter 270 to 315 degrees

Visionary, revolutionary, afraid of death or accepting of cyclicity, transcendence of form, transcendence of rejection



Balsamic 315 to 360 degrees

Perception, dissolution, nebulous - knowing without knowing how, seeing between realms, honor

OUR LUNAR CYCLES

Collective Lunar Cycle: The 360-degree cycle that occurs approximately every 28 days when the Sun and Moon are at the same degree and in the same sign in the zodiac. This cycle flows through the eight phases of the Moon, from New Moon to Balsamic Moon and the end of the lunar cycle to the beginning of the next lunar cycle.

Personal Lunar Cycle: The lunar cycle that uses the Sun/Moon phase angle at the time of birth as the starting point of the cycle. For instance, if the natal Sun/Moon phase angle is 150 degrees in the 360 degree cycle, then the Personal Lunar Cycle starts when the Sun/Moon phase angle is at 150 degrees in each Collective Lunar Cycle. This cycle is based on geometric relationships of the Sun and Moon, called phase angles, and is not related to zodiac placements.

Dark of the Moon: The three days before each New Moon, both in the Collective and the Personal Lunar Cycles. One cycle is ending and another is about to begin. This cycle change tends to pull our energy down and inward.

Personal New Moon: When the Sun/Moon phase angle reaches the same degree as the Sun/Moon phase angle at the time of your birth, as it occurs in each Collective Lunar Cycle.



Personal Full Moon: When the Sun/Moon phase angle is at 180 degrees away from the Sun/Moon phase angle at the time of your birth.

Void of Course Moon: Sacred Geometry exists in all of life. When the Moon is not making any geometric aspects with planets, the Moon is Void. There is no energy to contain the form, and the internal experience is likely to be one of warring rest, with resistance to plow through. Void Moon times are optimal times for natural rest and they occur every two and one half days for varying amounts of time, from minutes to many hours.

CYCLES

are not the whole
answer, but on the
other hand they are
indispensable in
attempting to arrive
at the whole answer.

Ray Tomes



Thank you for your interest in natural cycles
alignment as pathway to 5D.

I look forward to sharing information about the flows
within each lunar month, and void of course Moons.

Let me know how I can help you align with natural
time and 5D.

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